

## Morning Prayer for 12<sup>th</sup> August 2020

*You may wish to light a candle while we pray*

Hear my cry, O God;  
listen to my prayer.

Psalm 61 v1

### Opening Sentences

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**Amen.**

### Psalm 61

<sup>1</sup> Hear my cry, O God;  
listen to my prayer.

<sup>2</sup> From the ends of the earth I call to you,  
I call as my heart grows faint;  
lead me to the rock that is higher than I.

<sup>3</sup> For you have been my refuge,  
a strong tower against the foe.

<sup>4</sup> I long to dwell in your tent for ever  
and take refuge in the shelter of your wings.

<sup>5</sup> For you, God, have heard my vows;  
you have given me the heritage of those who fear your  
name.

<sup>6</sup> Increase the days of the king's life,  
his years for many generations.  
<sup>7</sup> May he be enthroned in God's presence for ever;  
appoint your love and faithfulness to protect him.  
<sup>8</sup> Then I will ever sing in praise of your name  
and fulfil my vows day after day.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### **Bible Reading – Mark 1:21-28**

<sup>21</sup> They went to Capernaum, and when the Sabbath came, Jesus went into the synagogue and began to teach. <sup>22</sup> The people were amazed at his teaching, because he taught them as one who had authority, not as the teachers of the law. <sup>23</sup> Just then a man in their synagogue who was possessed by an impure spirit cried out, <sup>24</sup> 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are – the Holy One of God!'

<sup>25</sup> 'Be quiet!' said Jesus sternly. 'Come out of him!' <sup>26</sup> The impure spirit shook the man violently and came out of him with a shriek.

<sup>27</sup> The people were all so amazed that they asked each other, 'What is this? A new teaching – and with authority! He even gives orders to impure spirits and they obey him.' <sup>28</sup> News about him spread quickly over the whole region of Galilee.

This is the word of the Lord  
**Thanks be to God**

## **Prayers**

Almighty and everlasting God,  
we thank you that you have brought us safely  
to the beginning of this day.  
Keep us from falling into sin  
or running into danger;  
order us in all our doings  
and guide us to do always  
what is righteous in your sight;  
through Jesus Christ our Lord.  
**Amen.**

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us  
from your love  
in Christ Jesus our Lord.  
**Amen.**

*Space will be left for personal intercessory prayer – either silent  
or out loud.*

**Merciful Father,  
accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen**

We say together the prayer which Jesus taught us;

**Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Conclusion**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

*Please do stay on for virtual coffee and a catch up if you can.*



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