# Morning Prayer for 9th December 2020

You may wish to light a candle while we pray

For God alone my soul waits in silence; from him comes my salvation.

Psalm 62:1

# **Opening Sentences**

O Lord open our lips and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

Amen.

#### Psalm 62:1-8

For God alone my soul waits in silence; from him comes my salvation.

- <sup>2</sup>He alone is my rock and my salvation, my fortress; I shall never be shaken.
- <sup>3</sup> How long will you assail a person, will you batter your victim, all of you, as you would a leaning wall, a tottering fence?
- <sup>4</sup> Their only plan is to bring down a person of prominence. They take pleasure in falsehood; they bless with their mouths, but inwardly they curse.

- <sup>5</sup> For God alone my soul waits in silence, for my hope is from him.
- <sup>6</sup> He alone is my rock and my salvation, my fortress; I shall not be shaken.
- <sup>7</sup> On God rests my deliverance and my honour; my mighty rock, my refuge is in God.
- 8 Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

**Bible Reading: Matthew 11:28-30** 

<sup>28</sup> "Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light."

This is the word of the Lord

Thanks be to God

# **Prayers**

Almighty God,
give us grace to cast away the works of darkness
and to put on the armour of light,
now in the time of this mortal life,
in which your Son Jesus Christ came to us in great humility;
that on the last day,
when he shall come again in his glorious majesty
to judge the living and the dead,
we may rise to the life immortal;
through him who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.** 

Space will be left for personal intercessory prayer – either silent or out loud.

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen We say together the prayer which Jesus taught us;

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

### The Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life. **Amen.** 

Let us bless the Lord.

Thanks be to God.

Please do stay on for virtual coffee and a catch up if you can.

