

Morning Prayer for 21st July 2021

You may wish to light a candle while we pray

²⁴ he rained down manna for the people to eat,
he gave them the grain of heaven. Psalm 78: 24

Opening Sentences

O Lord open our lips
and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

Amen.

Psalm 78:17- 25

¹⁷ But they continued to sin against him,
rebellious in the wilderness against the Most High.

¹⁸ They willfully put God to the test
by demanding the food they craved.

¹⁹ They spoke against God;
they said, "Can God really spread a table in the wilderness?"

²⁰ True, he struck the rock, and water gushed out,
streams flowed abundantly, but can he also give us bread? Can
he supply meat for his people?"

²¹ When the LORD heard them, he was furious;
his fire broke out against Jacob,
and his wrath rose against Israel,

²² for they did not believe in God or trust in his deliverance.

²³ Yet he gave a command to the skies above
and opened the doors of the heavens;

²⁴ he rained down manna for the people to eat,
he gave them the grain of heaven.

²⁵ Human beings ate the bread of angels;
he sent them all the food they could eat.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Bible Reading: Exodus 16. 1-5, 9-12

1 The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt.

2 In the desert the whole community grumbled against Moses and Aaron.

3 The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”

4 Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions.

5 On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

9 Then Moses told Aaron, “Say to the entire Israelite community, ‘Come before the LORD, for he has heard your grumbling.’ ”

10 While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the LORD appearing in the cloud.

11 The LORD said to Moses,

12 “I have heard the grumbling of the Israelites. Tell them, ‘At twilight you will eat meat, and in the morning, you will be filled with bread. Then you will know that I am the LORD your God.’ ”

This is the word of the Lord

Thanks be to God

Prayers

Creator God,
you made us all in your image:
may we discern you in all that we see,
and serve you in all that we do;
through Jesus Christ our Lord.

Amen

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us
from your love in Christ Jesus our Lord.

Amen.

Space will be left for personal intercessory prayer – either silent or out loud.

**Merciful Father,
accept these prayers
for the sake of your Son, our Saviour Jesus Christ.
Amen**

We say together the prayer which Jesus taught us;

**Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
Amen.

Let us bless the Lord.
Thanks be to God.

Please do stay on for virtual coffee and a catch up if you can.

